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## What is addiction?

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Substance use disorders (SUDs) can happen to anyone, regardless of their race, gender, age, economic status, job title, intelligence, or location. Addiction often begins in benign ways, such as legally-prescribed prescriptions after an illness or injury, or to treat depression or anxiety. In some cases, drug and alcohol use can escalate and a person can quickly lose control.

## Common signs and symptoms of addiction

Addiction is characterized by:

Frequent absenteeism

Declining work performance or quality

Help to around addiction

as part of your employee benefits program  $\,$ 

of addiction

Make employees

with the employee once

a substance use issue is suspected

Source: How To Help Employees Who Have a Substance Use Disorder (Allstate Benefits)

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Source: NORC

\_\_\_\_\_ to notify employees that it is unlawful to manufacture, distribute, dispense, possess or use a controlled substance and that such action is prohibited in the workplace. The statement must include information to advise employees that violations will have consequences.

to inform employees of the dangers of workplace substance use and outline the resources available to employees such as an EAP.

of any criminal drug

convictions while employed at the company.

of such violations

and take appropriate actions with the o ending employee